The Impact of Physician Burnout on Healthcare Organizations

The impact of burnout on the healthcare industry is far reaching. Physicians, patients and organizations all feel the impact in different ways.

Critical Burnout Related Statistics

- 5x More Likely
  - Physicians with high levels of burnout are 5x more likely to commit medical errors.

- $500,000 - $1,000,000
  - Estimated cost to replace just one individual physician due to turnover (cost of recruiting and lost revenue).

- 3x More Likely
  - Medical errors to occur in medical units with high levels of physician burnout, even those ranked as “extremely safe.”

- 30-50%
  - For each 1-point increase in burnout, the correlating reduction in professional work effort by physicians for the next 24 months.

- $348,065
  - Average malpractice lawsuit payout in 2018.

- 30-50%
  - For each 1-point increase in burnout, the correlating reduction in professional work effort by physicians for the next 24 months.

- Suicidal Ideation & Alcohol Abuse
  - Serious issues outside of work that deteriorate personal well-being and relationships with others.

- Emotional Exhaustion
  - To the point of having no desire to engage emotionally with patients.

- Lack Of Purpose
  - A sense of reduced personal accomplishment and self-worth.

- Depersonalization
  - Which leads to treating patients as objects, not as human beings.

Burnout Also Leads To...

- Improves Quality Of Care
- Increases Patient Satisfaction
- Reduces Medical Error Rates
- Lowers Malpractice Risk
- Decreases Physician Turnover

5 Tips To Address Burnout

1. Understand where burnout is starting
2. Build an EMR strategy that includes templates
3. Run a quality team huddle to get home sooner
4. Define your ideal practice and work to create change
5. Don’t take your work home with you

To learn more about how you can address and prevent physician burnout in your organization, email info@sehqc.com or visit SEHealthcareSolutions.com/physician-burnout-prevention-program/.

Physician burnout has been studied 20+ Years

- Burnout rate among healthcare professionals 40-60%
- Physicians experiencing burnout who seek help 9-13%

Physician and Nurse Well-Being: Seven Things Hospital Boards Should Know
https://journals.lww.com/jhmonline/Citation/2018/12000/Physician_and_Nurse_Well_Being__Seven_Things.3.aspx

The Business Case for Investing in Physician Well-being

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